

**St. Paul Ev. Lutheran Church**  
**800 South Division Street**  
**Chenoa, IL 61726**

April 3, 2018

Starting the first week in Lent and going through Easter Sunday, we looked and thought about how we might confess the good news of Jesus Christ in seven words or less. I shared the submissions that were handed in to me as part of the sermon on Palm Sunday, but I thought it might be nice to have them to see and read. Maybe you'd like to jot one down to have as a reminder for yourself. Maybe one sticks with you as a message you'd like to share with someone in the future. So, here is a list that combines the phrases you submitted, a few from the sermons, and a few more from my own list of possibilities:

- "We all are sinners saved by grace."
- "Christ's love, life, death for my salvation."
- "Jesus: God's substitute for wretches like us."
- "I sin. Jesus died. I am saved."
- "Jesus died for me, I can live."
- "Through Christ, God saves us from sin."
- "Yet through him we all stand tall."
- "Sin condemned me, Jesus saves me."
- "God gets the last word."
- "Jesus frees us from all our prisons."
- "Jesus refuses to leave his people alone."
- "Christ is risen. We will rise, too."
- "God's promise of love never ends."
- "Jesus' blood washes away our sins."
- "Jesus is Lord, even over my death."
- "I stink. Jesus didn't. Now I'm free."
- "My love fails. God's never does."
- "In Christ the past is washed away."
- "Jesus forgives, though I don't deserve it."
- "Jesus' cross turns death to life."

LORD,  
to whom shall we go?  
You have the words of  
ETERNAL  
Life.  
John 6:68

I hope that this series got you to think about just what the gospel of Jesus is, and what it means to you. I hope that it got you to think about what you would say if you were called to give a testimony, if you were asked to give the reason for the hope that you have as a believer and child of God. And I hope it's something you continue to ponder and meditate on as you carry and live out your faith in a world that so badly needs to hear the good news of our risen savior Jesus Christ.

Pastor Jeremy

### **St. Paul's Discipleship**

<b>Date</b>	<b>Attendance</b>	<b>Offering</b>	<b>Missions</b>
03-04	103	2061.00	75.00
03-07	44	327.00	
03-11	102	2354.30	25.00
03-14	45	385.00	
03-18	100	2199.00	65.00
03-21	46	434.00	
03-25	84	5299.09	28.00
03-29	50	361.00	
03-30	63	425.00	
Memorial Plaque		200.00**	
Vacation Bible School		230.00	

**\*\* A new memorial plaque has been ordered as the current one has become full.**

## HOLY ACTS AND RITES OF THE CHURCH

On Sunday, March 25, 2018 three young people were confirmed. We ask God's blessings upon them.

Clayton James Beitz, son of Jimmy and Kim Beitz was born March 1, 2005 and baptized on April 24, 2005 here at St. Paul Lutheran. His sponsors were Blake Beitz and Amanda Beitz. Clayton received his First Communion on February 14, 2016.

Benjamin Douglas Rhoda, son of Kurt and Kim Rhoda was born May 10, 2004 and was baptized on August 22, 2004 at St. Joseph's Catholic Church in Chenoa. His sponsors were Todd and Janni Rhoda and Doug and Patty Kelleher. Ben received his First Communion on February 14, 2016.

Aaron Kenneth Shrewsbury, son of Steve and Stacey Shrewsbury was born November 7, 2004 and was baptized on November 21, 2004 here at St. Paul Lutheran. His sponsors were Josh and Sarah Noffsinger. Aaron received his First Communion on February 14, 2016.

**For the food pantry**--Please prayerfully consider donating: cans of fruit (any fruit), boxes of spaghetti noodles, and jars of spaghetti sauce. Of course any donations are welcomed.



I would like to challenge each family to bring in one can of food a week. This would cost ~ \$1/week-which shouldn't impact your families budget too much.

**From Our Parish Nurse**

**Pam Norris**

Health Cabinet will meet after worship on Sunday, April 15, 2018.

Spring finds us such pleasure as we see everything coming back to life. And it's a reminder of the new life that we have through Christ's resurrection. Gardening is a pleasure for most of us, but it is also an exercise and can lead to injuries. Raking, mulching, planting, trimming and digging are good

physical activity yet can result in pain and stiffness in our neck, shoulder, elbow, wrist, knees and back if we over-extend ourselves.

- Treat gardening as a sport: warm up and stretch the muscles before beginning.
- Be realistic: plan your work carefully to avoid injury. Set a moderate pace and time schedule to allow enjoyment of the task and minimize potential injuries.
- Remember good body mechanics: when lifting heavy bags of dirt or mulch keep your back straight back, bend your knees, lift with the legs, and hold objects close to your body. If shoveling, lift the dirt, and turn the entire body to empty it-don't twist.
- Change it up: use different muscle groups and minimize the repetitive stress placed on joints and extremities by frequently changing activities.
- Use a cushion, stool, or small bench when weeding: the support helps reduce stress placed on knees and spine from gardening movements.
- Take frequent breaks: by stopping to stretch, getting a drink or just enjoying the progress every half hour, you minimize your chance of injury or dehydration.

We can spend time in the garden appreciating the glory of God's creation, while caring for our body at the same time.

**Our thanks** to those who donated dish towels and cloths for the kitchen. All the ones that were worn and tattered have been discarded.

I want to thank the congregation for your prayers and cards. I really appreciate your thoughtfulness.

Elaine Rhoda

Thank you so much for your collection of food and personal items for the clients of the Chenoa Food Pantry. These will be such a big help. God bless you!

Sincerely—Kathleen Bounds

**Our Sincere Thanks** to James Schmidgall who so generously donated the labor and materials for the new lighting at the parsonage. It is very much appreciated.



**Our sincere thanks** to those who provided and served Lenten Meals— Lois Pulaski, Joy Poppe, Judy Bertsche, Cheryl Jolly, Pam Norris, Marci Beitz, Kim Beitz, Diane Brandt, Carolyn Shane, Ann Meyer, Leda Thacker, the Raber family, Janis Nimtz, Kurt Rhoda, Anna Schmidgall, Carol Sue Koehl, Stacey Schuler, the Miller family, Krista Verdun, Kathy Trachsel, Mary Lou Schuler and Ruth Latzke. Your efforts are greatly appreciated.

**Our thanks** to those who served in the ministry of delivering Peace Meals this past month—Fred Rhoda, Randy Miller, Carolyn Shane, Sharon Barrett, Jim Raymond, Greg and Lois Pulaski, Loren and Joy Poppe and Joe and Judy Bertsche. We appreciate your efforts.

**CHURCH COUNCIL WILL MEET AFTER  
WORSHIP, APRIL 22<sup>ND</sup>.**